An article by Dr. Holly Stave, professor of English in the Louisiana Scholars’ College, has been published in the Journal of Commonwealth and Postcolonial Studies, vol. 17:1, 2011.

The article is entitled “Keri Hulme’s Holy Family: Postcoloniality and Theology in THE BONE PEOPLE.”

“It’s a long article, but I essentially argue that the novel, which is written by a part-Maori, part-European woman, challenges the Christian concept of atonement theology (that Christ was sacrificed for the sins of others) and puts into place a hybrid construction, where religion is not about individual redemption, but about communal coming together—where all survive or fall together and where salvation is about the thriving and survival of an entire people,” Stave explained.

Dr. Sanghoon Park, associate professor of educational technology in the College of Education

Get out. Get moving. Feel good.

Carmel Bourg promotes wellness of body and mind

“People do not get tired of feeling good,” said Carmel Bourg, wellness coordinator at NSU’s Wellness, Recreation and Activities Center (WRAC). In promoting the amenities at the WRAC, Bourg has been communicating the benefits of a healthy lifestyle throughout the community and encouraging people of all ages to engage in activities that promote wellness of body and mind.

“The WRAC is a good resource, not only for the faculty, staff and students of Northwestern, but also for the community,” she said. “We are an educational institution, so the WRAC is not just a gym. We have interns learning the latest in sports medicine. They are here to get the experience they need and we utilize that because they offer fresh ideas. We have graduate assistants who work as personal trainers and those who work with group exercise classes. If a person has a specific goal, such as running a 5K or half-marathon, we can work with that individual to develop a training program. We really are a resource center.”

Bourg began her job in July and, in addition to coordinating classes for group exercise and conducting individual fitness assessments, has been touting the benefits of the WRAC to groups throughout the community.

“We have a lot of people from the community who come here every day,” she said. “There are senior citizens who are excited to be here and some stay two or three hours. It helps them live the lifestyle they would like at this point. They can garden, walk with the grandkids and maintain a level of fitness so that they are able to enjoy life.”

Bourg promotes the varied classes offered at the WRAC, such as the tween and teen conditioning classes designed to develop core strength, endurance and flexibility for youngsters while addressing nutrition. The WRAC also offers group exercise classes in circuit training, yoga, pilates, spin, step and tone, as well as massage therapy and other programs related to health for all ages.

“We offer people help to reach a healthy lifestyle, which ties back into us-
Rondo Keele is seeking volunteers to participate in the NSU Tutors program. NSU Tutors offers free tutoring to high school students on the NSU campus from 3:30-5:30 p.m. Monday through Thursday. “The tutoring program matches our college students with high school students in need of academic assistance in English, mathematics and science. In order to function properly we need to have 6-8 tutors available each day,” Keele said.

NSU students studying education, or any subject, who need volunteer hours for their resumes, can contact Keele about helping with this program.

Faculty/staff who know someone who could benefit from these services should contact Keele at ext. 4587 or by e-mailing keeler@nsula.edu or graduate assistant Jessica Scott at scottj@nsula.edu.

NSU Tutors seeking volunteers for free program

People...Continued from Page 1

and Human Development; Dr. Chanhee Son, senior researcher at Korean Educational Development Institute, and Dr. Minjeong Kim, assistant professor at Dankook University in Korea, published a collaborative article entitled “Linear Text vs. Non-Linear Hypertext in Handheld Computers: Effects on Declarative and Structural Knowledge, and Learner Motivation” in the Journal of Interactive Learning Research published by Association for the Advancement of Computing in Education (AACE).

This experimental study compared linear text-based and non-linear hypertext-based instruction in a handheld computer and found that linear text can be more effective in declarative knowledge construction than non-linear hypertext in handheld computer-based learning environments.

Dr. Paul Nagel, College of Education and Human Development, attended his 10th and 11th Kagan Cooperative Learning workshops in Orlando, Fla., in July. With support from the NSU Lab Schools, Dr. Nagel attended a two-day workshop “Kagan Structures for the Writing Process” and a five-day workshop “Kagan Advanced Cooperative Learning.” Both workshops will allow Dr. Nagel to work closely with the NSU Lab School faculty in implementing cooperative learning structures in the classrooms. Monthly professional development and weekly coaching will also be provided by Dr. Nagel.

In August, Dr. Paul Nagel, College of Education and Human Development attended and presented at the 96th Annual National Conference on Geography Education in Portland, Ore. (See Page 10 for related photo.) Co-presenting with Kristy Snider, a middle school teacher from Pennsylvania, Nagel and Snider presented “Death Defying: Geography and Environments of Peru,” a series of lessons and photo’s from Nagel and Snider’s 2010 trip to Peru. Dr. Nagel also presented “Analytical Geography: Inspirations to Examine the World.” This lesson, developed for elementary and middle school teachers, helps teachers teach critical thinking skills in social studies/geography.

Richard Jensen, Scholars’ College, and Dr. Janina Darling, University of California at Santa Cruz, led an NSU sponsored tour to Italy May 19-June 1. The group of 13 students, professors and other adults visited Pompeii, Naples, and Rome. (See Page 10 for related photo.) Professor Jensen was invited to speak at a seminar on “New Research on the History of the 19th–20th Centuries,” Historical Institute, Justus-Liebig-University, Giessen, Germany, on June 15. He presented a paper entitled: “Anarchist Terror and International Policing.”

Dr. Carol Chin, a joint faculty member with NSU and the National Center for Preservation Technology and Training, will make presentations at two international meetings in October. She will attend the Association for Preservation Technology International Heritage on the Edge: Sustaining Buildings, Landscapes and Communities Oct. 11-16, presenting research, “Crude Oil Contamination of Fort Livingston, Grand Terre Island, Louisiana: Issues and Challenges.”

She will also present at the Canadian Conservation Institute Symposium, Adhesives and Consolidants for Conservation: Research and Applications Oct. 17-21. That research is titled “Effects of Consolidants on the Deposition of Sulfur Dioxide on Limestone Building Materials.”
Bourg...Continued from Page 1

ing the WRAC as a resource. Being based an academic in-
stitution allows us to use our resources to help our patrons,” Bourg said.

Bourg learned what a valuable resource the WRAC can be as a graduate student. While earning her master’s degree in health promotion, she piloted a program that studied the stress-
relieving effects of yoga. Her project required her to organize a lunchtime yoga class for NSU faculty and staff and survey their mental and physical well-
being to gauge if yoga helped relieve tension. She found that it did.

A native of Vacherie, Bourg’s interest in health led her to study EMT/nursing at Nicholls State University before she and her husband moved to Natchitoches in 1996 and both went to work at Northwestern. While working full-time in Northwestern’s Office of Alumni and Development, she decid-
ed to pursue an undergraduate degree in psychology.

“After we moved here, I wanted to finish my degree. I knew many of the teachers and it was hard to work in Alumni and not be an alumna,” she said. After finishing her undergraduate degree in 2007, several instructors and friends encouraged her to continue on in a master’s program. She completed her graduate degree in health promotion last year and was inducted into Phi Kappa Phi Honor Society.

Bourg found the positive outcomes of good health on a very personal level over the three years it took to earn her graduate degree.

“I was not in a good place with my own health at that
time, so when I started my master’s, I was continually reading information on maintaining your health, living longer and changing lifestyles,” she said. “The research is correct. Ex-
ercising every day and eating healthy every day is important and the younger you start to incorporate healthy habits into your lifestyle the better. My edu-
cation made sense because it was happening to me. You start not only feeling better but also believing what your reading.”

Making important changes “was like getting an education. You have to invest time, energy and passion. If you don’t have that motivation, you’re not going to graduate; you’re not going to meet the goal.”

Bourg enjoys the atmo-
sphere of working on a college campus. Drawing further on the resources that graduate students and other experts offer, she is exploring the possibility of or-
organizing information sessions on nutrition and hot topics in the field of health and human performance.

She emphasizes that the WRAC is not just for North-
western students and employ-
ees.

“I see my future in promoting health and what better spot to do it than in a wellness center? It’s not only about physical activities, it’s education and looking at the mental aspect,” she said. “There are people who are students and people who are senior citizens that I get to see walk in, ready to work out. Some come more than once a day. They may visit the WRAC in the morning to walk and come back later for group exer-
cise. When they leave, they’ve worked out, they’ve socialized and they feel good. It’s the per-
fected motivation for any age. If you feel good about something you did you want to continue it. People don’t get bored with feeling good.”

For more information on classes, membership informa-
tion or other WRAC programs, contact Bourg at (318) 357-
5331 or visit wrac.nsula.edu. For a schedule of classes, check out the new Get Moving at the WRAC feature on Page 14-15.
Dr. Begona Perez-Mira is the recipient of the Excellence in Academic Advising Award, presented annually to a member of the NSU faculty. The award was presented during the university’s Fall Faculty Institute Aug. 17.

Perez-Mira is an assistant professor of business and advises 20 to 30 students each semester. As an advisor, she tries to understand each student’s situation.

“I try to help them set priorities and focus on reaching those goals. I think mentoring is important in all cases, but some students need it more than others,” she said. “I have students that spend one hour going through required classes, degree audits, and different scheduling possibilities. I have other students that just swing by my office to let me know they have registered and that everything is going well. Some students just want to share good news; some others need somebody to listen to their bad news. Overall, the important thing is to be there for them when they need me.”

Perez-Mira graduated summa cum laude from NSU in 2003 with degrees in business administration and Computer Information Systems. She also holds a master’s degree in English from NSU. She received her Ph.D. from LSU’s E. J. Ourso College of Business, Information Systems and Decision Sciences Department.

Before NSU, Pérez-Mira worked at the Louisiana School for Math, Sciences, and the Arts – Louisiana Virtual School for 11 years. At LSMSA-LVS she taught Web Design, Digital Graphics and Animation, and Spanish. In 2008, Perez-Mira was awarded Louisiana Online Teacher of the year by the Southern Regional Education Board (SREB). Perez-Mira teaches networking, international business, business statistics and principles of marketing. Her research interests include e-commerce metrics, search engine optimization and technology supported disaster management.

Northwestern initiated an advisor recognition program 10 years ago to recognize faculty who are outstandingly knowledgeable, helpful and accessible, according to Steve Hicks, chair of the Advisor Recognition Program.

The new Proctoring Computer Lab opened Aug. 30. Located in Kyser 401G, the proctoring lab is an additional computer lab resource that allows NSU faculty and staff to administer course exams in the lab instead of the classroom. This lab is especially designed to offer faculty and staff a resource to assist online students with proctoring their exams.

Reservations for lab use are required through the EMS campus reservation system (http://ems.nsula.edu/). Jennifer Stanfield, Room 103 Kyser, manages key checkout. Capacity: 35 computers

Hours of Operations: 8 a.m. - 8 p.m.
Key Check-out Hours: 8 a.m. - 5 p.m.
Software/Information: Microsoft Office 2007, Internet

Lab Usage: Proctoring course exams only; no instructional use

For additional information, contact the NSU Testing Center at 5246 or maxiej@nsula.edu.
Meet Jack Atherton, Faculty Senate president

Jack Atherton is an assistant professor of Criminal Justice and administrator of the Unified Public Safety Administration Programs. Atherton will also serve this year as president of the Faculty Senate and as secretary of the University of Louisiana System’s Faculty Advisory Council.

Atherton is in his sixth year at NSU, following a career as an executive with the United States Department of Justice, and the Federal Bureau of Prisons. While at NSU, Jack has received grants from the Louisiana Campus Compact for the development of curricula promoting campus safety. He is recognized as a national authority on issues of prisoner transportation, and has worked extensively in the development of criminal justice, public safety and academic criminal justice curricula.

“As Faculty Senate President, I will be working to assure the Faculty Senate fulfills it chartered mandates and advisory functions to the university, providing a strong voice for Northwestern in Baton Rouge, where I serve on the Faculty Advisory Council,” he said. “Another objective for the year is to make appropriate modifications to the senate, to assure the organization is able to address the needs of the university in light of changes caused by budget reductions and reorganizations.”

As the only faculty in the UPSA program, Atherton teaches UPSA classes, as well as criminal justice classes and sociology.

“My primary focus the past three years is the development of the Unified Public Safety Administration program, which has grown from zero to 44 students in three years,” he said.

Atherton is also co-host of “The Justice Hour,” a radio broadcast heard on the KNWD campus radio station that airs from 10-11 a.m. Wednesdays. The show is a discussion of issues of the day from moral and ethical, legal and social perspectives, and provides NSU faculty an electronic format to present and discuss their research, academic disciplines and university events. Guests are “people from the university who tell us about their jobs and answer questions on ethical, moral, professional and legal standards of their job/discipline,” he said.

“NSU provides a fine academic environment allowing most importantly for personal interaction and impact with students, and a fostering and supportive setting for research and service,” he said.

Graduate Council announces members, meetings

The following dates have been scheduled for the Graduate Council Meetings for the fall/spring semester of 2011-2012. Meetings are set for 1:30 p.m. in Roy Hall Conference Room 209.

Please submit 2 complete hard copies and one electronic email of all graduate proposals to the Graduate School office no later than two weeks prior to the meeting dates.

The Graduate Council follows the same protocol for submission as does the CRC and your agenda and accompanying paperwork will be sent to you electronically.

Listed below are the Graduate Council Members for 2011-2012 academic years. If you have any questions regarding submission of proposals please contact Janine Waters in the Graduate School Office at 5851 or the Council Member representing your department listed below. All proposals being submitted to the CRC that are Graduate School related MUST be presented to the Graduate Council for approval prior to submitting to CRC. Both Councils meet on the same day with Graduate Council meeting immediately prior to the CRC.

**Graduate Council**

- **1:30 Tuesday**
  - Tuesday, August 9, 2011
  - Tuesday, September 13, 2011
  - Tuesday, October 11, 2011
  - Tuesday, November 8, 2011
  - Tuesday, January 10, 2012
  - Tuesday, February 14, 2012

**Members**

- **Dr. Laura Aaron**, Radiological Sciences, 2nd year, (carwilel/677-3072)
- **Dr. Christine Allen**, Creative & Performing Arts—Music, 1st year (christine/5854)
- **Dr. Allen Bauman**, Language & Communication, 1st year (bauman/5615)
- **Dr. John Dollar**, Health & Human Performance, 1st year, (dollar/5128)
- **Dr. Tommy Hailey**, Social Sciences, 2nd year (hailey/4453)
- **Dr. Kathryn Kelly**, Psychology, 2nd year (kellyk/5354)
- **Dr. Michelle Morris**, Education, 1st year (paulselm/4252)
- **Dr. Sang Park**, Education, 1st year (parks/5774)
- **Dr. Norann Planchock**, Nursing, 2nd year, (planchockn/677-3100)
- **Mr. Michael Yankowski**, CAPA--Art, 2nd year (yankowskim/4484)
- **Dr. Steven G. Horton**, Chair

**Associate Members**

- **Dr. Paula Furr**, 2nd year (furrp/5518)
- **Dr. Kim McAlister**, 2nd year (mcalisterk/5553)
Dr. Lisa Abney, provost and vice president of Academic and Student Affairs, left, and NSU President Dr. Randall Webb, right, presented Excellence in Teaching Awards to Dr. Holly Stave, Louisiana Scholars’ College; Dr. Greg Handel, College of Arts, Letters, Graduate Studies and Research; Dr. Sanghoon Park, College of Education and Human Development, and John Byrd, College of Science, Technology and Business; and Dr. Deborah Clark, College of Nursing and Allied Health. The awards were presented during the annual Faculty Institute Aug. 17.

Above and Beyond Recognition

Above, NSU recognized faculty who have gone “Above and Beyond” in service to the university or its students. From left are Dr. Randall J. Webb, Byron McKinney, Shane Rasmussen, Roxanne Lane, Nelda Wellman, Charlie Penrod, Betsy Cochran and Dr. Lisa Abney.

At left, Callie Hammonds earned the NSU staff Above and Beyond recognition.
Above, faculty and staff were recognized for long service to NSU during the annual faculty/staff lunch. From left are President Webb, Dr. Pete Gregory, 50 years; Paula Robertson and John Price, 40 years; Judy Rachal, 35 years; Dr. Lisa Abney, Frances Conine, 30 years; Abbie Landry, 40 years; Don Sepulvado, 35 years, and John Coutee and Mary Margaret Shivers, 40 years.

At left, Dr. Pete Gregory received the second of two standing ovations of the day as he went forward to be recognized for 50 years of service to NSU. (See Related Story on Page 15.

**Gregory recognized for 50 years at Northwestern**

A one-year appointment has turned into a 50-year career at Northwestern State University for Professor of Anthropology Dr. Hiram F. “Pete” Gregory.

“I’m pleased to have been able to be here for such a length of time,” said Gregory, who began working at Northwestern on Sept. 15, 1961. “I am grateful to have good health and to have so many good friends over the years. I came here when I was 23 as a temporary instructor and planned to go back to LSU for graduate school. I liked it here, then a position opened up in anthropology and geography and I stayed.”

He is believed to be the longest-serving employee in Northwestern’s 127-year history, working at the institution for almost 40 percent of its tenure. Gregory has taught thousands of Northwestern students who have gone on to be anthropologists, archeologists, nurses, teachers, businesspeople, professionals and even university presidents.

“Having had the good fortune of taking anthropology under Dr. Gregory when I was a student at Northwestern, I can attest to his teaching excellence and caring concern for students,” said NSU President Dr. Randall J. Webb. “But his influence extends far beyond the walls of Northwestern, to include work with professional organizations, colleagues in the field, and constituent groups in need of information or assistance. He is an exceptional professional and person, and Northwestern is a far better place for his presence on our faculty and faithful service for 50 years. It will be even better if he remains a pillar of this fine university for many years to come.”

Gregory grew up in Ferriday and from an early age, he was drawn to the field of anthropology and archaeology.

“I grew up with an interest in American Indians due to a long family connection and...”
Northwestern State University received a $43,600 grant from the Louisiana Highway Safety Commission to assist in funding a campus alcohol awareness campaign, according to Dean of Students and Assistant Provost Dr. Chris Maggio. The grant covers the 2011-12 and 2012-13 budget years.

This is the third time Northwestern has received this grant. Last year, NSU sponsored programs including a Safe Spring Break Campaign to encourage students to make good choices while on spring break.

Maggio said Northwestern students are a vital part of the alcohol education effort through a Recognized Student Organization, BACCHUS (Boosting Alcohol Consciousness Concerning the Health of University Students).

Maggio said NSU counselor Kristi Simms led the University’s initiative in this area, setting up BACCHUS and working closely with students.

“Research shows that when talking about making decisions on things such as using alcohol, peers can have a powerful impact,” said Simms. “We will be training students to take a larger role in this area by training them in the areas of bystander intervention, alcohol education and basic communication skills.”

According to Simms, Northwestern plans to use peer educators in freshman orientation classes beginning in the fall 2012 semester.

For 19 years, Smith worked in the University of Arkansas Women’s Athletic Department most recently as the associate athletic director for communications overseeing all aspects of external communication.

As sports information director, assistant athletic director for communications and associate athletic director for communications, he won more than 30 national awards for his work and made presentations at national professional conferences. Smith was assistant sports information director at the University of Louisiana at Monroe from 1985 to 1989.

A graduate of the University of Louisiana at Monroe, Smith also holds a master’s degree from ULM and a doctorate from the University of Arkansas. He has taught courses in American history at Northwest Arkansas Community College and journalism at the University of Arkansas.
I was able to see things and meet people from different backgrounds so I was getting an avocational education in both fields,” said Gregory. “I was able to work with Dr. James Ford, who had been at the American Museum of Natural History, at Poverty Point. Dr. Ford started archaeology as a science in Louisiana. That led me to go to LSU.”

Gregory earned a bachelor’s in anthropology and a master’s in geography at LSU. He later received a master’s and doctorate in anthropology from SMU. After graduating from LSU, Gregory learned about a job at Northwestern. Being just 23 initially had some disadvantages for Gregory.

“I came to Northwestern for my job interview with Yvonne Phillips, who was the department head and arrived early,” said Gregory. “Dr. Phillips’ secretary thought I was a student and had me wait. About an hour later, Dr. Phillips came out of her office and wanted to know where Mr. Gregory was.

“Next spring, I went to the bookstore to pick up my cap and gown for commencement and one of the staff in the bookstore told me to be careful and not drop or wrinkle Mr. Gregory’s cap and gown.”

For Gregory, the rewarding part of the job is working with students and people of different backgrounds and cultures.

“I like what I do. The students have been really good,” said Gregory. “They have been an amazing bunch. Our students are as good as I could have anywhere and they have gone on to do remarkable things.

“There is no other place I could go to and find so many distinctive cultures including American Indians, Creoles and Hispanics African-Americans and Anglos,” he said.

“Anthropology has a message. We live in a multicultural world and you have to understand people of different cultures and backgrounds. By living in Natchitoches, you can experience that every day.”

Among the many groups and projects he has worked with for many years are the Jena Band of Choctaws on a language project, a group in the Breda Town section of Natchitoches to preserve the Breda Town cemetery and the Tunica-Biloxi as they became the first tribe to gain federal recognition under rewritten federal regulations. Gregory also helped people in the Robeline area who were interested in preserving Los Adaes, the first colonial capital of Texas. He has also worked extensively with the Caddo nation in Oklahoma to preserve and promote the tribe’s heritage.

“I tried to work with anyone who came and asked for help,” said Gregory. “I am fortunate that the university has allowed me to do a lot of what I wanted to do professionally.”

Gregory served as director of the Louisiana Creole Heritage Center as the center was started and began to grow. The Creole Heritage Center has received national acclaim for its work in promoting and preserving Creole culture.

“Dr. Gregory’s interaction with the Cane River Creole community over the 40 plus years has provided a valuable treasure of information to all aspects of the Creole Center’s operation,” said Janet Colson, executive director of the Creole Heritage Center. “His knowledge of the area and people has served to direct and contribute many of the research and outreach projects accomplished by the Center. His ability to show connections to other cultures across the state and beyond to the Creole culture has served to enhance many of our research efforts. Dr. Gregory has served as a mentor, advisor and true friend to me personally as well to the Center’s many connections worldwide.”

Gregory has also been an active archaeologist, working at sites throughout the region and always making himself available to answer questions from students, colleagues and those with an interest in archaeology.

Gregory has directed the Williamson Museum since 1971. He received the President’s Distinguished Service Award in 1999.

Gregory co-authored a major work, “The Historic Indian Tribes of Louisiana with Fred B. Kniffen and George A. Stokes. He has contributed two major catalogs of Louisiana folk art and has authored papers on folkways, material culture, and archaeology in a number of professional journals. He also edited the major articles relating to the Caddo in The Southern Caddo: An Anthology. Gregory also co-authored “The Work of Tribal Hands: Southeastern Split Cane Basketry” with Dayna Bowker Lee.

“I have been glad to work with the Folk Festival and help various cultures have a way to express themselves,” said Gregory. “The Festival has been very successful and has provided some great opportunities for our students.”
Summer Travels

Richard Jensen, Scholars’ College, and Dr. Janina Darling, University of California at Santa Cruz, led an NSU sponsored tour to Italy May 19-June 1. The group of 13 students, professors and other adults visited Pompeii, Naples, and Rome. Among those joining the tour were Dr. Margaret Kilcoyne, School of Business, and Jim Kilcoyne, Small Business Development Center. From left are Bob and Marilyn Schestak, Darling, the Kilcoynes, Mandy Knight, Zena Escobedo-McQuade, Catherine Lobre, Alyssa Poirrier, Jensen, Whitney Wilson and Deborah Wilson.

NSU Theatre announces the dates for fall productions, “The Wiz,” “The Importance of Being Earnest” and the annual Christmas Gala.

“The Wiz” will be staged Oct. 19-22 in the A.A. Fredericks Auditorium. Doors will open at 7 p.m. with the show beginning at 7:30 p.m. Admission is $15 for adults, $12 for senior citizens over 65 and free for NSU students with current stickers on their ID cards.

“The Importance of Being Earnest” will be staged Nov. 3-5 and Nov. 9-12 in Theatre West. Doors will open at 7 p.m. with the show beginning at 7:30 p.m. Admission is $15 for adults, $12 for senior citizens over 65 and free for NSU students with current stickers on their ID cards. Reservations are required for this production.

The annual Christmas Gala will be presented at 7 p.m. Nov. 30, Dec. 2 and Dec. 3. Admission is $10 per person.

Children’s shows will be at 9:30 a.m. and noon Nov. 30 and Dec. 2. Admission is $3. Schools must make reservations in advance.

For more information, contact Jane Norman at normanj@nsula.edu or call Ext. 4483. You can also visit the Department’s website at theatre.nsula.edu/current-shows-at-northwestern-theatre-and-dance.
Three members of the Northwestern State University Department of Fine and Graphic Art have been accepted to participate in a juried international art competition.

Professor of Art Michael Yankowski, Assistant Professor Brooks Defee and master’s graduate student Sylvia Coon have been accepted into the 2011 Art Kudos International Art Competition. The seventh annual on-line exhibition was critiqued by Holly Koons McCullough, former director of Collections and Exhibitions at the Telfair Museum of Art in Savannah, Ga.

“This year, 157 artists were chosen from 417 entries,” said Yankowski, whose wooden sculpture “Letter Box” was entered into the competition. Other NSU pieces are “Forest Light 1,” a black and white photograph by Defee and “Suicide,” an oil painting by Cook.

“It is unusual for three members of the same institution to be accepted into a prestigious competition,” Yankowski said.

The exhibition can be viewed at www.artkudos.com.

Poet Laureate Kane busy with readings and interviews

Julie Kane, professor of English and Louisiana Poet Laureate, fulfilled a busy schedule of professional activities in the late spring and summer.

After being appointed Louisiana Poet Laureate by Louisiana Gov. Bobby Jindal through 2013, she served in May as chair of the Poets’ Prize Committee and emceed the annual Poets’ Prize awards ceremony at the Nicholas Roerich Museum in New York City.

Following is a list of other events and activities in which Kane participated and/or was featured.

Poetry Readings:

April: “Just Listen to Yourself” group reading at the Louisiana State Library in Baton Rouge, for state government workers on their lunch hour. One of 12 poets from around the state selected to participate.

• June: “Vision/Verse” group reading and art show, Art Associates Gallery, Lake Charles. Selected by the Arts Council of Southwest Louisiana as one of 10 poets and 10 visual artists to create poems and paintings based on each others’ work.

• June: Mezzo Cammin 5th Year Anniversary group reading on the program of the West Chester Poetry Conference, West Chester University, Penn.

• June: Poet Laureate Inaugural Reading at the Louisiana Endowment for the Humanities headquarters in New Orleans.

• July: Poetry reading for the 36th National Institute on Social Work and Human Services in Rural Areas, NSU in Natchitoches.

• August: Reading at Casa Azul community center, Grand Coteau.

• August: Read poem on the program of NSU Convocation, Natchitoches.

Media Interviews Given:

• WRKF-FM radio (Baton Rouge).

• WWNO-FM radio (New Orleans).

• KRVS-FM radio (Lafayette).

• WVUE-TV, feature to be aired on Dave McNamara’s “On the Road” series (New Orleans).

• The Baton Rouge Advocate newspaper.

• NOLA Defender newspaper (New Orleans, online).

• Louisiana Life Magazine (New Orleans)

• Country Roads Magazine (Baton Rouge).

• In Register Magazine (Baton Rouge).

• Dig Baton Rouge Magazine.

• Swamp Lily Review (Lake Charles).

• KnowLA, the online encyclopedia of Louisiana culture maintained by the Louisiana Endowment for the Humanities.

• Louisiana Libraries, the official journal of the Louisiana Libraries Association.

An article by Dr. James Crank, “An Aesthetic of Play: A Contemporary Cinema of South-Sploitation,” was published last month in the collection SOUTHERNERS ON FILM (McFarland 2011). Crank is assistant professor of American literature and director of undergraduate studies in the Department of Language and Communication. He is also book review editor for Southern Studies.

“My article looks at the history of cinematic representations of the South from D.W. Griffith’s Birth of a Nation to Craig Brewer’s Black Snake Moan,” Crank explained. “I argue that these films create cinema of exploitation focused on regional identity that resurfaces in the 21st century as an aesthetic of play with implications for race, class, gender and sexuality. One might reasonably call such films a cinema of South-sploitation, a term that acknowledges the transformation of a real history and place into a site of outlandish grotesquery, a land of exotic, terrible violence, ignorance and uninhibited sexual taboo.”

The cinema of South-sploitation thrives on entrenching the binaries that dogged southern history—North and South, white and black, slave and master, southern belle and whore, Crank said.

“This has helped to create a mythic South, a place Baker and Nelson find necessary for the stability of American cultural memory, for ‘in order for there to exist a good union, there must be a recalcitrant, secessionist splitter.’ South-sploitation cinema invents a South that as a matter of course denies complexity, resists sophistication, and relishes stereotype and singularity,” he said.

Summer theatre class creates supersize snacks for VBS

An NSU theatre works class combined a service project with hands-on theatrical experience during a recent summer school session. Student enrolled in Theatre Works taught by Jessica Parr, associate professor and costume designer, made props and set dressing for a café-themed Vacation Bible School that included supersized food and several rooms decorated in food-related themes. The Minor Basilica of the Immaculate Conception hosted the VBS at St. Mary’s School.

“The Summer Theatre Works class is a hands-on class where the students work in one of our theatre shops or work on the run crew of our summer shows,” Parr said. “All 15 of my students helped build the props, and about six helped set up and decorate the rooms for the Vacation Bible School. Much of the design work was their own choice.”

The NSU students made oversized fake food and decorated rooms in food-related themes.

“I would give the students a bunch of felt scraps and say, ‘Turn these into pizza toppings.’ Many of the projects...”
Student Media Workshops

Head of the Department of Educational Technology and Leadership and Current Sauce Advisor Dr. Paula Furr discussed news writing during the Fall Student Media Workshop for Potpourri and Current Sauce staff members Aug. 18-19. Other speakers and topics included Department of Language and Communication Instructor and Potpourri Advisor Stephanie Masson, feature writing; NSU Press Director Don Sepulvado, photography; College of Business Professor Dr. John G. Williams, communication law; and Multi-Media Technology Group Director John Trotter, layout and design. Students also held break-out sessions to meet their editors and learn more about their positions.

Potpourri Co-Editor Ruth Wisher, left, and William Furr, center, learned the fundamentals of communication law from College of Business Professor Dr. John G. Williams during the Fall Student Media Workshop. The event prepared Potpourri and Current Sauce staff members for their roles with student publications. Department of Language and Communication Instructor and Potpourri Advisor Stephanie Masson and Department of Educational Technology and Leadership Head and Current Sauce Advisor Dr. Paula Furr coordinated the event.

**Mark your calendars for FALL READ!**

Instructors of English Lori LeBlanc and Michelle Pichon have set the date for this year’s annual FALL READ! As Wednesday, Nov. 2.

The Read! will be in keeping with the Dia de los Muertos celebration and will feature projects created by Dr. Jim Crawford’s Spanish students. LangComm faculty and Poet Laureate Julie Kane will participate in the Read! Any faculty interested in participating can contact Lori (leblancl@nsula.edu) or Michelle (pichonm@nsula.edu).

Sympathy

A plant was sent from the NSU Floral Fund to Frank Fuller, Associate professor, Department of Educational Leadership and Technology, in memory of his mother, Mrs. Fuller.

The Floral Fund also made a donation to Hope for Paws in memory of Mrs. Florence McClain, mother of Davina McClain, Scholars College director and associate Professor of Classics.

**Theatre Works ...Continued from Page 12**

used recycled items. We made giant candies from cereal boxes wrapped in tin foil and colored cellophane and giant chocolates from the bottoms of two liter bottles spray painted brown with coffee filters as the wrappers. We also used some old stand-by theatre tricks like making fake bread from expanding spray foam,” Parr said. “The children especially liked the five-foot slice of pizza,” Parr said.

When the Bible School was over, the props were donated to the Martin Luther King Head Start program, Parr said.
The WRAC is offering tween and teen conditioning classes. The classes are designed to help youngsters improve overall health while developing youth strength, speed, agility, core strength and endurance in a fun, engaging atmosphere.

Participants will learn exercise techniques and the importance of a well-balanced fitness program.

Tween classes are open to youngsters age 8-12 and begin at 3:30 p.m. on Mondays and Wednesdays. Teen classes are for 13-17-year-olds and begin at 3:30 p.m. Tuesdays and Thursdays.

Class participation is free with a WRAC membership. A dependent of a current member needs his or her ID to attend class.

Current members who want to add children as dependents at the WRAC need to purchase WRAC IDs for $5 at the front desk. A 30-day trial membership and ID may be purchased for children at a cost of $45 as long as a legal parent or guardian signs the form. Children 8-13 must be accompanied by a parent to use the WRAC outside the tween conditioning class. Children should have their ID each time they attend the WRAC.

For more information, contact Carmel Bourg, WRAC wellness coordinator at (318) 357-5331 or visit the WRAC website at wrac.nsula.edu.
The NSU WRAC will host a number of group exercise classes this semester. Classes will include the following:

**Fitness X**: This is a high intensity class featuring a wide variety of exercises and exercise patterns. This class is geared to help the participant grow and get in better overall shape. Core, stretching, strength and endurance will all be covered in this class. Classes are from 4:30-5:20 p.m. Mondays and Wednesdays.

**Fitness Y**: This is the perfect workout for the person on the go. Participants work hard for one hour. Includes cardiovascular routines, strength training and flexibility training. Classes are from 4:30-5:20 Tuesdays and Thursdays.

**High Voltage Circuit Training**: Participants will get their hearts pumping and their bodies moving with a combination of aerobic/anaerobic fitness and strength training. The instructor addresses all levels of fitness in a station-to-station format focusing on form, posture and functional movement. This class is designed to work the entire body and will introduce participants to different exercises and equipment. All fitness levels of fitness are welcome.

**Pilates**: This class involves strengthening the inner and core muscles. Through the use of resistance bands and basic yoga moves participants will work on balance and lengthening your muscles.

**P90X Video**: This is a 90 day complete high intensity program focusing on helping you lose excess fat, gain lean muscle, prepare for athletic events, excel at sports and improve general health.

**Spin**: Participants keep their bodies challenged by getting a well-rounded workout with this class. This is an enjoyable workout that will test your limits. The instructor will lead participants through routines designed to simulate outdoor riding. Enjoy sprints, hills, jumps and interval training. There is a class limit. Participants should arrive early to ensure a seat. All fitness levels are welcome.

**Step & Tone**: This class is perfect for those who want more of a low impact workout and light intensity choreography. This is a basic step and tone class to get participants on the step and get moving.

**Triple Threat**: This is a short but intense workout, a full 30 minutes consisting of 10 minutes intense cardio, 10 minutes of strength training, and 10 minutes of core and flexibility exercises.

**Tween & Teen Conditioning**: A fun and dynamic class that will challenge tweens (8-12 years old) and teens (13-17 years old) to improve their overall health. This class was developed to increase youth strength, speed, agility, core strength and endurance while keeping it fun and engaging.

**Yoga**: Participants can learn the basic fundamentals of yoga. This class is designed to teach basic yoga moves. This class helps you increase a strong body, mind and spirit.

*Classes are subject to change. Classes with low participation may be moved. In addition to group exercise, the WRAC offers personal*
**Water Aerobics**

This workout consists of simple low impact exercises executed in the water. The program is designed to promote and maintain cardio respiratory fitness, strengthen muscles, and improve flexibility. This program is especially recommended for arthritic and/or pregnant women.

- **Date:** Sept. 7 – Dec. 9, Mon, Wed, & Fri
- **Time:** 10-11 a.m.
- **Fee:** $95
- **Location:** Nesom Natatorium
- **Instructor:** Denise Poleman

**Distance Learning Notary Exam Prep Course**

This course is being offered in cooperation with Louisiana State University Shreveport. In this course you will be given a specific review of the subjects tested on the Notary Exam using the current Edition of “Louisiana Civil Code (LCC)”. This book will be needed for the open-book portion of the Notary Exam.

The 2011 Notary Public Official Study Guide is available from the Secretary of State's Office, which is the publisher of the book. Please visit [http://www.sec.state.la.us/notary-pub/notary-exam.htm#study](http://www.sec.state.la.us/notary-pub/notary-exam.htm#study) to place your order. PLEASE ORDER THIS BOOK BEFORE the class begins and bring to class the first day!

- **Date:** Sept. 10, 17, 24; Oct. 1, 8 & 29; Nov. 5 & 12, Sat
- **Time:** 1 -5 p.m.
- **Fee:** $289-(Textbook not included)
- **Location:** Russell Hall, Rm.122
- **Instructor:** Robin Jones

**Martial Arts**

This martial arts class takes training to the next level above the beginner class. The sessions will include a wide range of kicks, a variety of techniques, bag work, sparring, and forms. A great workout while learning martial arts and self-defense.

- **Date:** Sept. 13-Dec. 8, Tues & Thurs
- **Time:** 2-3 p.m.
- **Fee:** $99
- **Location:** Health & Human Performance Bldg., Rm. 127
- **Instructor:** Master Carol Rousseau, 6th Degree Black Belt
  Rousseau's Taekwondo
  American Taekwondo Association

**Beginning Guitar**

The focus is on humming and strumming familiar tunes; music appreciation and enjoyment. You will learn basic major and minor chords. Weekly practice sessions will include familiar songs. We will compile a collection of at least 25 familiar songs that you will learn to play in 8 easy lessons.

Home practice will be required in order to achieve successful results. Students should be at least 11-years-old. (Self-motivation to practice and learn is a must.) Singing is encouraged, but not required.

- **Date:** Sept. 13 – Oct. 18, Tues
- **Time:** 5:30 – 6:30 p.m.
- **Fee:** $59 + $10 material fee (mat. Fee paid directly to instructor first night of class)
- **Location:** NSU Middle Lab School
- **Instructor:** Philip McClung

**Self-Defense Class** (Self-Improvement)

This eight week course consists of offensive and defensive maneuvers and physiological components of martial arts training. Classes are a fun way to work out while learning self-defense.

- **Date:** Sept. 19-Nov. 9, Mon & Wed
- **Time:** 10:30-11:30 a.m.
- **Fee:** $99
- **Location:** Master Rousseau’s Taekwondo
  (to be taught in Alexandria)
- **Instructor:** Master Carol Rousseau, 6th Degree Black Belt
  Rousseau’s Taekwondo
  American Taekwondo Association

**ACT PREP**

This course will prepare students for all sections of the ACT exam, including English, math, reading, science reasoning, and writing. The course will use retired exams to give students valid pre- and post-test scores. This data will also be used to make sure that areas of need are addressed.

Students will review the necessary content and examine test taking strategies, maximizing their score improvements. The course materials include additional exercises for further review.

Lunch will be on your own and for one hour each day. Registration for this course does not include registration for the exam. You may register for the ACT Exam online at ACT.org or call ACT at 1-800-525-6926.

- **Date:** Pre-test - Sat., Sept. 17
- **Classroom-** Sat., Sept. 24-Oct. 15
- **Time:** 9 a.m. – 4 p.m.
- **Fee:** $189 (includes materials)
- **Location:** NSU Middle Lab School, Rm. 213
- **Instructor:** TBD

For more information, visit ece.nsula.edu/non-credit. To register, call (800) 376-2422 or (318) 357-6355.